## **Fly Deterrents**

- 1. **Pyranha** An oil based solution that lasts longer than other solutions. Try on skin first to see, if any reactions. (Flysect)
- Equi-spot- Is a topical solution that is waterproof and sweatproof. Please see packing for directions. Try on skin first to see if any reactions.
- 3. **Swat-** This ointment is great as a barrier comes in white and pink. The ointment also comes in a medicated version in case of open wounds.
- 4. Roll ons for the face-Try on skin first to see if any reactions.
- Fly sheets/masks, shoo fly leg flappers. New research shows zebra stripe printed sheets help deter.
- 6. Fans- Utilize this methods in the stall to make air too turbulent for the flies to fly.
- 7. Fly predators or strips- Mostly useful for stall/barn situations
- 8. Simplifly or Solitude- This method only works if all horses within 1 mile are on it.
- 9. **Advantix** (Blue 100, 4 tubes once monthly). Place 1 tube at poll, one at withers, one at loin, and one at base of the tail, once monthly. Careful can be itchy.
- 10. Catron IV- fly spray
- 11. Desitin- flies don't like it and will stay away
- 12. Fly predators, Spalding labs

## Skin Health systemically:

(In no particular order)

- 1.) Hydroxyzine (antihistamine)
- Platinum performance (has 2mg of Selenium per 2 scoop serving, and other skin health ingredients.
- 3.) Selenium- 2mg per horse per day- All horses in California are deficient due to the soils in California ("Elevate Se"- by KPP)
- 4.) Apoquel- anti-itch medication, can be expensive
- 5.) Immunotherapy (allergy testing)- may or may not be helpful, can be initially costly.
- 6.) flax seed (commercial oil-"Contribute" by KPP)- good for skin health/immune system of the skin
- 7.) Cushing's Disease- test for this to make sure the immune system is working properly
- 8.) feeding garlic powder- work up to 1 tablespoon daily (may not help works better for mosquitos
- 9.) Steroids- last resort or if severe
- 10.) Non-Steroidal Anti-inflammatories (Bute, Banamine, or Equioxx)- for swelling/inflammation associated with fly bites
- 11.) Equisheild SA powder skin and allergy, kinetic brand product
- 12.) SmartItch-Ease
- 13.) Platinum Skin and Allergy
- 14.) Noxzema